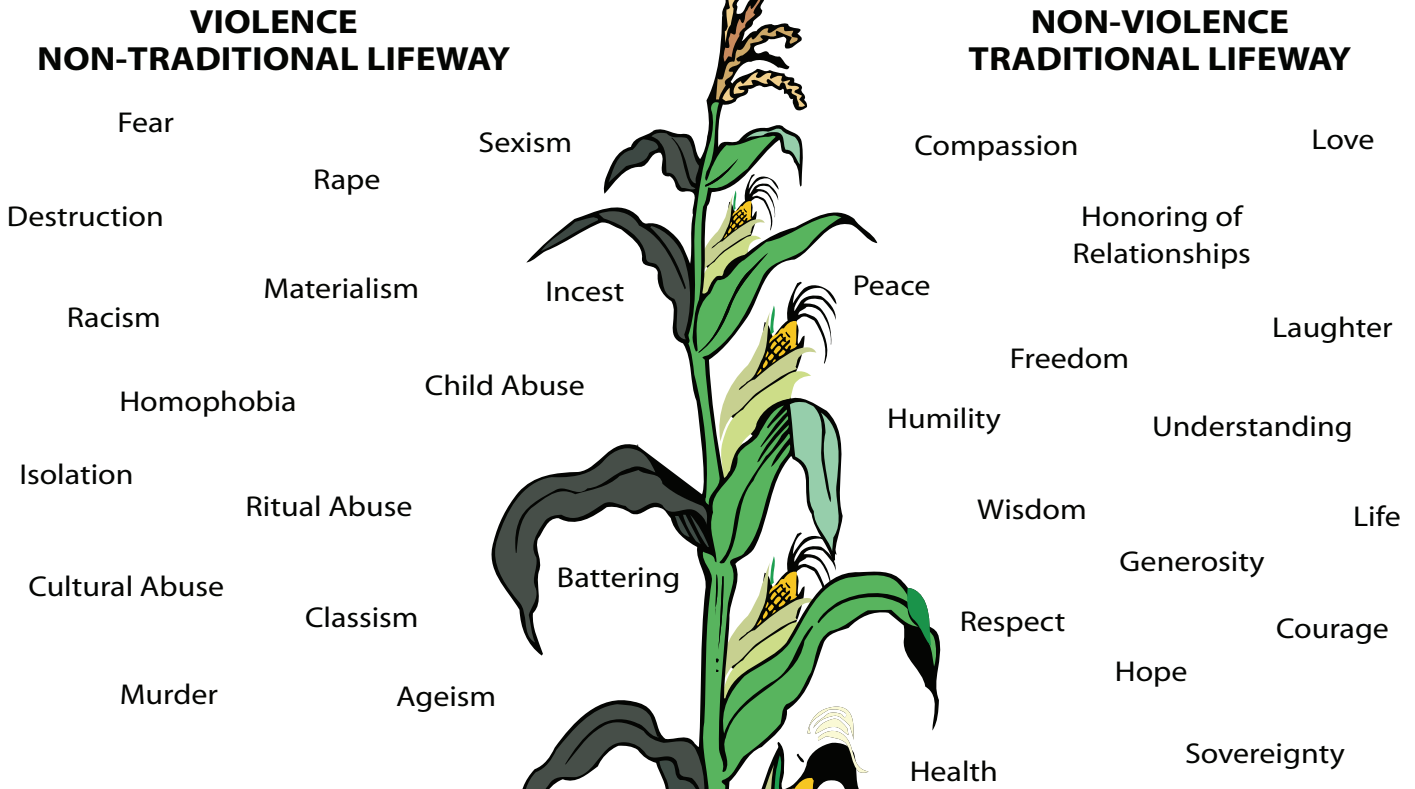


# PLANTING THE SEED OF NON-VIOLENCE

## THE CORN:



## THE STALK - CONTRIBUTORS:

- ◆ Chemical Abuse
- ◆ Boarding Schools
- ◆ Witnessing violence
- ◆ Stereotypes
- ◆ Confusing anger with violence
- ◆ Unresolved grief

- ◆ Prayer, ceremony
- ◆ Honor the gift of others
- ◆ Ways of non-violence and respect modeled
- ◆ Mental self-discipline
- ◆ Seek advice of Women and Elders

## THE ROOT CAUSES OF:

### VIOLENCE

- ◆ Values might over right
- ◆ Power defined as violence
- ◆ Colonization
- ◆ View reality as a male dominated hierarchy
- ◆ Justifies violence and oppression
- ◆ Promotes myths of Patriarchal superiority
- ◆ Treats women and children as property of men

### BELIEF SYSTEM

### NON-VIOLENCE

- ◆ Understand that all things have spirits and are related
- ◆ Respect is the foundation of all relationships
- ◆ People are spirits in physical bodies on individual paths of life
- ◆ Women are sacred
- ◆ All people and things of creation are part of the sacred circle of life