## OFFICE OF THE GOVERNOR

**GOVERNOR-TUUYON NATHANIEL S. PORTER** 

15A BAY POE, NAMBE PUEBLO, NM 87506
T: (505)455-4410 FAX: (505)455-2038
NAMBE PUEBLO.ORG
HOURS: MONDAY-FRIDAY 8AM-5PM
CLOSED FOR LUNCH 12PM-1PM

## NAMBÉ NEWSLETTER

MAY – KHUU KOE P'OE 20<sup>TH</sup>, 2024 "PLANTING CORN MONTH"

### **Transfer Station Hours:**

Wednesday, Saturday, Sunday 10am-5pm. Lunch from 1pm-2pm.

### **Wellness Center Hours:**

Monday-Thursday 11am-7pm Friday-8am-5pm & Saturday 8am-12pm

### Nambe Lake & Falls Hours:

Thursday-Sunday 7am-7pm

Nambe Pueblo Administration is open Monday-Friday from 8AM-5PM, we close daily for lunch from 12PM – 1PM. Please call ahead and make an appointment with the department you need assistance from. The Governor is available by appointment only.

For appointments call (505)455-4410

Tribal Council meetings are held on the last Tuesday of the month. If you want to be added to the agenda to address the Council, please call Onnie at least a week prior to the meeting at 505–455-4429. Thank you.



### **2024 Fishing Permits**

Fishing Permits are available to ALL Tribal Member's and married Spouse's, regardless of water, sewer and Community work balances for \$10. The Governor wants everyone to be able to enjoy fishing our lake and make unforgettable memories with our families. For a permit you will need to

see Kim in Accounting (please bring exact amount) or purchase one at the Ranger station, then take receipt to Taya and she will issue you a permit.

\*\*Plowing Services are available by request to Tribal Members for your garden areas. You will need to fill out the Agreement Form and pay \$50, if you are under 60yrs. Plowing is available during normal working hours Monday-Friday, 8am-5pm, and subject to availability of manpower and equipment. Request Form is on next page.

## NOT ALONE

Now more than ever, we need to find ways to stay connected with our community. No one should feel alone or without the information, support and help they need.

**Mondays-** Beading Class w/ Frank Loretto, 5-7pm @ TRS Basecamp

Mondays, Wednesdays- Tai Chi 11:30-12 @ Wellness Center and BOOT CAMP 6pm @ Wellness Center

**Tuesdays, Thursdays-** Yoga 6pm @ Wellness Center

Thursday's- A.A 6pm @ The Yurts
Saturday's- Wellbriety Group 6-7pm

@ NPHFS Trailer

**Wednesdays 5/22**-Grief Support Group 1pm-4pm @ NPHFS Trailer

**5/17-** Cultural Film @ 12,1;30,3pm Multipurpose Room-Wellness Center

5/18- Sewing Session @ 9am-12pm

**5/21-** Breathwork 12-1pm & Accu-Detox 12-3pm TRS Yurts

5/23- Tewa Zoom 5:30-6:30p

**5/24**-End of year Carnival Party 3-6pm-Wellness Center

5/27- Memorial Day- Offices closed

**5/28-** Drive Thru Food Distribution 11:30-1:30pm-Wellness Center

**5/31-** Movie-MegaMind vs Doom Syndicate @ 6:30-Wellness Center

**5/31-**Tewa Seeds Youth Council 4-6pm TRS Basecamp by Wellness

### Nambe Pueblo

### **Garden Plowing Request Form and Agreement Terms**

Tribal Members can submit this request for plowing of their garden areas. The Pueblo is making such available on an as requested basis and subject to the availability of manpower and equipment. Garden plowing is only available during normal working hours Monday-Friday.

Applicant (please print full name)	
The Applicant will be a Tribal Member that possess APPROVED BY THE PUEBLO, APPLICANT	s the garden area and who will coordinate with the Pueblo regarding such. IF REQUEST IS AGREES TO THE TERMS AND CONDITIONS CONTAINED IN THIS AGREEMENT.
Contact # /Ext.	Cell #:
Email:	Alternate Contact:
Area Requested (be specific):	
PUEBLO APPROVAL:	
Is the receipt attached: YesNo	
Tribal Official	
Date	
AGREEMENT AND WAIVER ANI	D RELEASE OF LIABILITY
All Applicants must compete this for	rm. Applicant agrees to the following terms:
a. Applicant agrees to pay a fee in under the age of 60. Payment is	n the amount of \$50 to the Pueblo for such services if the applicant is
b. Applicant agrees that the area p	plowed shall be clear of any trash, debris, trees or other items that might image to the equipment being utilized by the Pueblo.
the equipment utilized in the Pueblo per the plowing services whether arising ou hold the Pueblo, its Governor, Tribal C	cant agrees and understands that they are responsible for any damages to rforming such services. Applicant waives any action or claim arising out of it of negligence or otherwise. Applicant agrees to indemnify, defend and council, employees and agents harmless of and from any action, claim, ies, costs, penalties or expenses arising out of and/or resulting from the ated on or damages to the premises.

Applicant hereby releases the Pueblo, its Governor, Tribal Council and employees and agents from all claims, demands suits for damage to property or bodily injury in connection with performance of such plowing services or condition of the premises.

### **Tribal Council Information**

### **Tribal Council Meeting Day Change**

At a duly called Tribal Council Meeting held on April 30, 2024, it was decided by Tribal Council that the regular monthly meetings will now be held on the last Tuesday of every month. The next Tribal Council Meeting will be May 28<sup>th</sup> at 6:30PM. As always, these meetings are open to the public.

### **Water and Sewage Payments**

At a duly called Tribal Council Meeting held on April 30, 2024, the Tribal Council decided that the administration should initiate efforts to get those with outstanding/delinquent accounts for water/sewage up to date. If you are an individual that has not set up a water/sewage account with our accounting department, you need to contact the accounting office at 505-455-4419 and set this up. More information is forth coming in getting water/sewage accounts up to date.

## Disposal of Trash/Garbage

It has come to the attention of the Governor's office that many of our tribal members are neglecting maintenance of your yards with trash/garbage and other unsightly junk. The Nambe Pueblo Transfer Station is open three days a week (Wednesday, Saturday and Sunday) so that tribal residents can dispose of trash and garbage, **FREE** of charge. It is the responsibility of all Tribal residents to maintain the property that they are privileged to reside in. This is the perfect time to clean up your yards.

### Please Note:

Trailers of trash need to be approved by Transfer Station attendee prior to dumping.

Construction waste not allowed. If the dumpsters are full we will only allow household trash and green waste.

## Pueblo of Nambe

To report all suspected Child abuse/neglect

Please contact

New Mexico's Statewide Central Intake





OR 505-841-6000



If you need any emergency services for help that requires BIA Law enforcement. Please contact Pojoaque Dispatch at (505) 455-2295 Dispatch will contact BIA immediately.



## FOOD DEPOT Drive-Thru Food Distribution

## at Nambe Pueblo Wellness Center

May 28<sup>th</sup> 11:30am-1:30pm

We have attached two forms. We are asking that you fill out the one page application form prior to coming, to speed the process.

There will be NO INCOME VERIFICATION, self reporting.

The PROXY Form should only be filled out if you are sending someone else to pick-up your food, then send that person with both forms.

The forms will stay in the CHR Office and will not affect any other SNAP or FOOD Services you are receiving.





### **USDA Foods - TEFAP Proxy Authorization**

**Attachment O** 

Ι,	, hereby authorize				
I,(Client Name)	(Printed Name	e of person to pick-up box)			
to pick-up my USDA Foods - T	TEFAP from Nambe Pueblo Welln	ess Center			
(Name of Agency or Organization)					
and deliver it to me at my resid	ence as I am unable to do so mysel	f. This Authorization shall			
remain in effect until or 12 months from today's da					
Client Signature	7.20	Date			
A D		Doto			
Agency Representative		Date			
New Authorized Name	Change Taken By	<u>Date</u>			
/	<u></u>				
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	Ţ,	180			

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at <a href="http://www.ascr.usda.gov/complaint-filing\_cust.html">http://www.ascr.usda.gov/complaint-filing\_cust.html</a>, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202)690-7442 or email at <a href="mailto:program.intake@usda.gov">program.intake@usda.gov</a>. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800)845-6136 (Spanish). USDA is an equal opportunity provider and employer.

## State of New Mexico





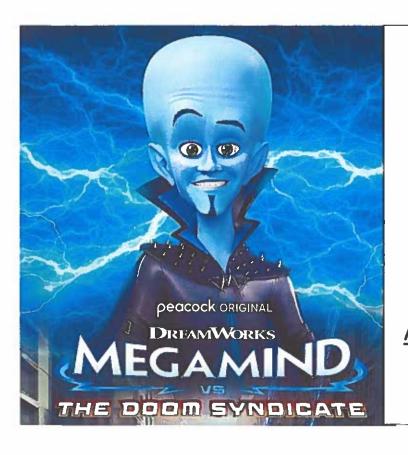
NAME:		NUMBER OF ADULTS IN HOUSEHOLD:				
ADDRESS:		NUMBER OF CHILDREN IN HOUSEHOLD:				
CITY/STATE/ZIP:	TY/STATE/ZIP:		COUNTY:		PHONE:	
SECTION 1: Automatic Eligibility for below: SNAP (Food State) (School Lunch Program Check box if you received.)	amps)/FDPIR/Wi n)	C/CSFP (Senior Fo				
SECTION 2: On the table below, pl	ease circle the nu	NOT CHECK THE E	BOX ABOVE, PLEAS	E FILL OUT SECTIO	ON 2 AND 3.	
matches the size of ho		TEE A D (210 D A E O	ODC DDOCDAM (II	-l1 2022 Ives	20. 2024\	
GROSS INCOME LIMIT Household Size	Annual Income		Twice per Month	Every 2 Weeks	30, 2024) Weekly	
nousehold Size	Annual income	wonthly income	Income	Income	income	
1	26,973	2,248	1,124	1,038	519	
2	36,482	3,041	1,521	1,404	702	
3	45,991	3,883	1,917	1,769	885	
4	55,500	4,625	2,313	2,135	1,068	
5	65,009	5,418	2,709	2,501	1,251	
6	74,518	6,210	3,105	2,867	1,434	
7	84,027	7,003	3,502	3,232	1,616	
8	93,536	7,795	3,898	3,598	1,799	
For Each Additional Family Member, Add	9,509	793	397	366	183	
ls your income	the same or lowe	er than the numbe	r you circled?	YES	□NO	
SECTION 3: Please Sign and Date to a certify that the total household is automatic	gross income for	my household is a			ed or that my	
Signature		Date	. <u>.</u>			

## RECOGNIZE YOUR 2024 GRADUATES!

If you have a loved one who is graduating this year (high school or college) and would like for them to be recognized in our community newsletter, please send your congratulatory note, along with a photo of your graduate, to <a href="mailto:educationcoordinator@nambepueblo.org">educationcoordinator@nambepueblo.org</a>!







## Movie Night

Friday May 31st, 2024

6:30pm @ Nambe Pueblo Wellness Center

Snacks will be provided

ALL Children Age 13 and under

MUST BE accompanied by an

adult



Araya Vigil, daughter of Randy and Feliz Vigil, is graduating from Pojoaque High School as the 2024 valedictorian. Araya is going to Texas A&M in the fall to pursue a biomedical engineering degree and wants to continue on to become a veterinarian.

Words can't express how proud we are of you Araya. Now it's time to go out and conquer the world. All of us are cheering you on because we know you are going to go out and do great things. Don't ever forget who you are and where you came from.

Love you lots,

Dad, Mom, Everett & Britta

Cienna Denee Muller, daughter of Adam and Marissa Muller, granddaughter of Patrick and Diane (Perez) Muller. Cienna will be graduating from Pojoaque High School on May 25, 2024. Cienna will be attending the University of New Mexico in the fall to pursue a degree in Biology, where she will eventually attend Medical School to becoming an Anesthesiologist.

Cienna is the Senior Class President; she is ranked fourth in her class, and she will be graduating with a 4.18 GPA. During her high school years, Cienna participated in Student Leadership, Native American Club, National Honor Society, Bowling, Link Crew, Soccer, Basketball, Ski Club, and Softball.

Dear Cienna,

We are so Proud of You! We wish you the very best in life, and we know you will be successful. Please reach for the stars and make all your dreams come true. Always remember where you came from and most importantly who you are. We love you and we will always be here to support you along the way!

Love.

Your parents, brothers, and sisters!



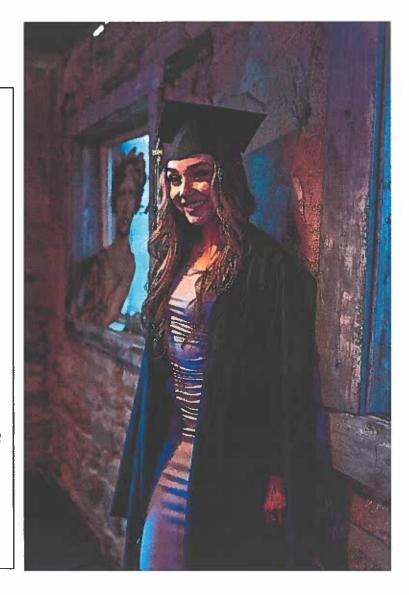


We would like to congratulate our son Jaydin Loretto for graduating from the Santa Fe Indian School. Jaydin is the son of Frank Loretto (Nambe Pueblo) and RaeAnn Herrera (Tesuque Pueblo). You did it son, we love you with all our hearts. Step mother Celeste, brother's Angelo, Curtis, Justice and baby boy to come in September. Saya, mehmehs, co-ohs, and all your cousins.

Cassaundra Renee Muller, 23, daughter of Vernon and Amanda Muller and granddaughter of Patrick and Diane Muller, graduated on May 11<sup>th</sup> with her Master's Degree in Biology from New Mexico Highlands University.

Cassaundra, we are so happy to share in the excitement of your graduation day and are so very proud of you too! With lots of love and pride today and every day.

Dad, mom, Justin, Maddison, and Megan



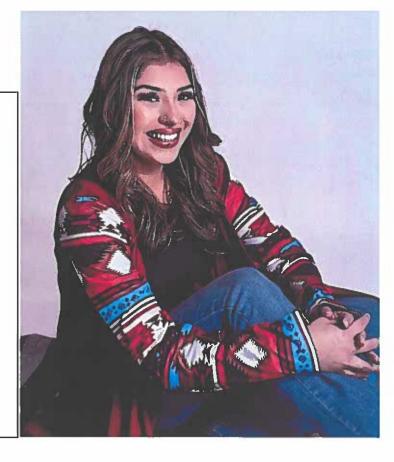
Kiley Nicoll (top right), is graduating from Rio Grande High School and Savanna Molina (left), is graduating from Connections Academy. They are the granddaughters of Arnold Garcia. Congratulations to you both, I love you Grandpa

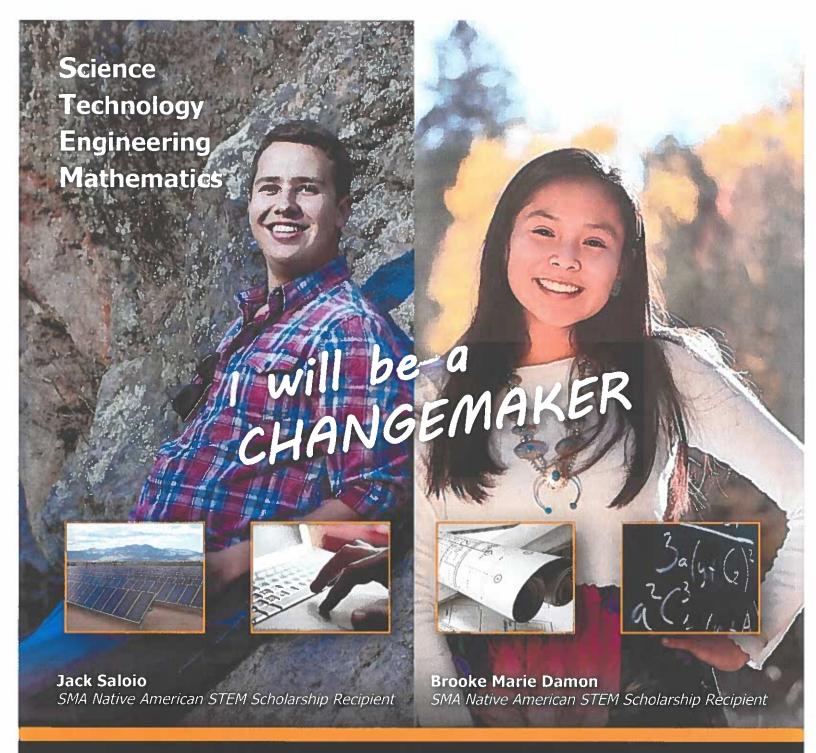


Sunrise Velasquez is the daughter of Pamela and Isaiah Velasquez. Sunrise will receive her diploma from Santa Fe High School on May 24, 2024. Sunrise was accepted to NMSU.

Congratulations to our beautiful baby girl Sunrise, we are so proud of the young lady you have become. You're truly the best daughter, sister, auntie and friend anyone could ask for!! We can't wait to see where your journey takes you. Reach for the stars and chase your dreams. We love you so much!

Love, Mom and Dad





## **Bring STEM home.**

For more information about SMA Native American STEM Scholarship opportunities or to obtain an application please visit www.soudermiller.com



Accepting scholarship applications March 18, 2024 through June 7, 2024 at 5:00 p.m. MST

# Native Education Forum

DATE: Monday June 3 - Friday June 7, 2024

LOCATION: Colorado State University - Fort Collins, CO



The Native Education Forum is a five-day intensive summer program, occurring on campus, for students completing their junior year of high school. In this program, students will gain valuable knowledge in the university application process and research issues critical to Native American/Indigenous communities. Students who participate in the Native Education Forum earn one free CSU credit hour and may be eligible to receive the Partnership Award to attend Colorado State University.

If you would like to apply to participate in NEF, scan the QR code below:



If you have questions, please contact NACC's director at: tyrone.smith@colostate.edu



## The Native American Legacy Award Program

Through the Native American Legacy Award (NALA) program, Native American students who live outside of Colorado may be eligible for various tuition adjustments and financial aid based on tribal affiliation.

#### **NALA - IN-STATE TUITION**

Enrolled citizens of state or federally recognized tribes or biological children of tribally enrolled citizens can receive in-state tuition if you meet certain eligible requirements.

#### **Eligibility:**

- Enrolled citizens of a state or federally recognized tribe or provide proof that a biological parent is an enrolled member of a state or federally recognized tribe.
- Non-residents of Colorado.
- Seeking a degree on CSU's main campus (CSU Online students are not eligible).
- Able to attend the Community for Excellence (C4E) Fall Academic Summit.

\*Students who are not enrolled in a tribe, and who do not have a parent enrolled in a tribe, may qualify if they demonstrate a blood quantum of one-half Native American ancestry. This quantum does not necessarily need to be of one tribe, but of all tribes combined, from recognized tribes under this policy.

### **NALA - RESIDENCY STATUS**

Enrolled citizens of tribes with historical ties to Colorado (see list of 48 tribes) are eligible for Colorado residency status based on Colorado state law. Qualified students are eligible for 1) in-state tuition rates and 2) additional financial aid (state and institutional funds).

#### **Eligibility:**

- Enrolled citizen of a federally recognized tribe with historical ties to Colorado according to the Colorado American Indian Tribes In-State Tuition Act. (see list of 48 tribes)
- · Non-residents of Colorado.
- Seeking a degree on CSU's main campus (CSU Online students are not eligible).
- Able to attend the Community for Excellence (C4E) Fall Academic Summit.

#### **Program Limitations:**

Please contact the Office of Financial Aid for more information as other limitations may apply.

Note: The Native American Legacy Award cannot be combined with the Western Undergraduate Exchange (WUE) award, Yellow Ribbon Award, GI Promise, or HB 15-1294 GI Benefits. If you receive more than one of these awards, the one that benefits you the most will remain and the others will be canceled.



CONTACT: Office of Admissions admissions@colostate.edu | (970) 491-6909

## MANIED

## Highly Motivated 9th-12th Grade Students

### **BIA-BIE Youth Indian Police Academy**

The Bureau of Indian Affairs and the Bureau of Indian Education are partnering to host the 2<sup>nd</sup> annual Youth Indian Police Academy for students enrolled in 9<sup>th</sup> - 12<sup>th</sup> grade. The Academy will occur at the Riverside Indian School Campus in Anadarko, Oklahoma, from June 16 through June 28, 2024.

At no cost to students, participants will receive assistance with traveling to and from the school, where they will stay in dorm rooms and be well-fed throughout their stay. Participants will receive uniforms and travel for field trips will be provided. Students will come away from the program with a meaningful life experience, new friendships, and awareness of career opportunities available to them as young adults.

### **Application Instructions:**

Students wishing to attend the academy must write and submit a five-paragraph essay explaining who they are, their life goals, and why they wish to attend the Youth Indian Police Academy. Final essays need to be emailed to: <a href="mailto:Carla.Whiteman@bie.edu">Carla.Whiteman@bie.edu</a> on or before May 17, 2024. Each essay will be reviewed by a selection panel who will select up to 28 students.

### **Guardians:**

Upon student selection, guardians must complete an admissions package. The package will be emailed after selections are made. This includes providing student emergency contact, out-of-state student travel information, authorization for medical care of a minor, medical history, residential check list, parental consent form, photograph release form, school check out policy, student code of conduct, student policies, acceptable use policy, BIA consent to participate and a release from liability.

### FACTS & TASKS

#### WHEN:

June 16, 2024 - June 28, 2024

#### WHERE:

Riverside Indian School Anadarko, OK

#### **SEND ESSAYS TO:**

Carla.Whiteman@bie.edu

### **ESSAYS DUE:**

May 17, 2024

## HANDS-ON LEARNING EXPERIENCES INCLUDE:

- Nightly Team Building Events
- Tactical Training Exercises
- Accident Investigation & Crime Scene Labs
- Driving Under the Influence Simulations
- Special Weapons & Tactics Demonstrations
- Emergency Medical Services Certification
- K9 Demonstrations
- Field Trips for full-immersion Learning







Acoma

Cachiti

Isleta

Jemez

Laguna

Nambe

Ohkay Owingeh

**Picuris** 

Pojoaque

Sandia

San Felipe

San Ildefonso

Santa Ana

Santa Clara

Santo Domingo

Tans

Tesuque

Zia

Zuni

## The Indian Pueblo Cultural Center's Bob Chavez Scholarship for the Arts

Guidelines and Application for Fall 2024 Award

Part of the Indian Pueblo Cultural Center's mission is to preserve and perpetuate Pueblo culture, and a key element of this is investing in our youth. To better support the Pueblo leaders of tomorrow, we have established the Bob Chavez Scholarship for the Arts.

This scholarship is named in honor of Manuel "Bob" Chavez of Cochiti Pueblo, who dedicated 50 years as a volunteer teaching art at St. Catherine's Indian School. Many students were able to explore Native arts and feel at home in his classroom.

With the generous \$5,000 unrestricted donation received from the Dume Wolverine Foundation, the IPCC is able to continue Mr. Chavez' legacy of encouragement by offering \$2,500 scholarships to two recipients in Fall 2024 who are pursuing visual arts in higher education. (Please see eligibility requirement below)

The Dume Wolverine Foundation has agreed to let the IPCC match the \$5,000 donation to raise a total of \$10,000. We will then award an additional \$2,500 scholarship to each recipient in Spring 2024. This money will help offset some of the initial costs of higher education (e.g., books, housing, tuition, supplies).

The recipients of these scholarships will be selected based on financial need, an essay addressing their purpose in pursuing arts, grade point averages, and a portfolio featuring their works of art.

The matching funds for this scholarship are gathered through donations. If you are interested in contributing to this scholarship, please call 505-843-7270 or visit our donation page indianpueblo.org/donate.

#### **Timeline**

- Application due: July 15, 2024 @ 11:59 PM
- Scholarship read: April 12–16, 2023 at IPCC Pueblo Classroom
- Award letters: July 31, 2024
- August 2024: Money dispersed upon receipt of proof of enrollment

INDIAN PUEBLO CULTURAL CENTER

### **Eligibility Requirements**

- Scholarship is open to recent High School Graduates (up to 3 yrs-who have not attended college) and undergraduate students who meet eligibility requirements
- Applicants must be a member of, or affiliated with, a federally recognized Pueblo that represents the 19 Pueblo communities of New Mexico. Pueblo enrollment is not required, but Pueblo affiliation must be verified by a letter of support from a current tribal government official of the Pueblo community.
- Applicants must have a GPA of 2.0 or higher
- Applicants must plan to attend a two (2) year community college or four (4) year college or university full time (12 Credit Hours) in fall 2024 and full time (12 Credits Hours) in spring 2025.
- Applicants must plan to major or minor in visual arts or related field (Studio Arts, Graphic Design, Photography, Architecture and Design, Cinematic Arts and Art History, etc.)

### **Application Requirements**

- · Completed application form
- 500-700 word essay, typed we will not accept handwritten essays
- . CIB membership or proof of Pueblo affiliation. See eligibility requirements
- · Official high school or college transcript including GPA
- · One letter of recommendation
- 3-5 Photos sampling applicant's original visual art on a labeled CD, or uploaded with application
- Completed applications must be received no later than July 15, 2024 @ 11:59 PM

Scholarship funds will be paid to the student during the month of August upon receiving proof of registration (e.g., class schedule from college or university) and a thank-you letter to the donors of this scholarship.

If you have any questions, submit them to: mfragua@indianpueblo.org

All applications must be received by the Indian Pueblo Cultural Center by July 15, 2024 @ 11:59 PM

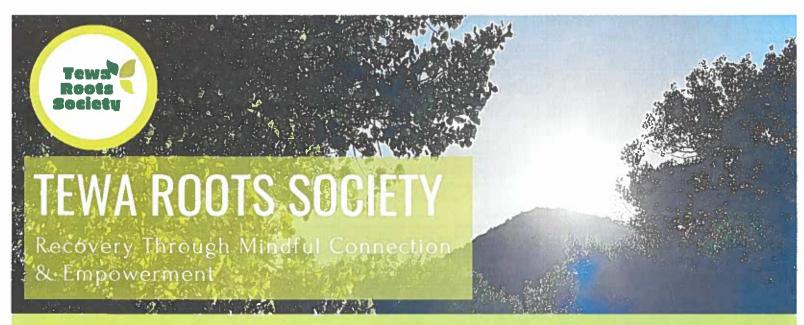
See form on next page.

## The Indian Pueblo Cultural Center's Bob Chavez Scholarship for the Arts

### **Application Form for 2024**

All applications must be received by the Indian Pu	eblo Cultural Center by July 15, 2024 @ 11:59 PM	1				
Mail completed applications to: Indian Pueblo Cult 2401 12th St. NW Albuquerque NM, 87104	tural Center					
Full Name:						
Mailing Address:	±Pr 8	-				
City: State:_	Zip Code:					
Email:						
Phone Number:	[ ] Cell [ ] Home [ ] Other					
Pueblo Affiliation:						
Current High School:						
Graduation Date:	Cumulative GPA:					
College/University You Plan to Attend This Fall:						
Anticipated Major:	Anticipated Minor:W	/ill				
you be a full time student in the fall? [ ] Yes [ ] No						
•		ow				
<ul> <li>[ ]High School Transcript</li> <li>[ ]CIB of Pueblo Membership</li> <li>[ ]One Letter of Recommendation</li> <li>[ ]3–5 Photos of Samples or Your Visual Art, Uploa</li> </ul>	aded or on a Thumb drive or CD					
I certify that all statements made in this application	n are true and complete to the best of my knowled	dge.				
Print Name						
Signature						





## STRENGTHS-BASED MENTAL HEALTH PROGRAMMING

## **Basecamp - Teen Prevention Program**

We are currently coming to the end of our Spring Cohort!

Our 2024 Summer Cohort begins July 9!
Program space is limited, so submit a "Basecamp Waitlist"
form ASAP if you are interested in joining!
www.tewarootssociety.com/forms.html

contact: directorofteenprograms@tewarootssociety.com

## **Cultivating Resilient and Empowered Warriors (C.R.E.W.)**

We are currently accepting program requests!

If you would like to request a <u>therapeutic adventure program</u> for your staff, youth group, or recovery group, please go to <u>www.tewarootssociety.com/forms.html</u> and submit an "Adventure Program Request" form

## contact: marquel@tewarootssociety.com

## **Clincal Services**

Tewa Roots Society clinicians are accepting new clients!

If you or a loved one need clinical care, please go to

www.tewarootssociety.com/forms.html and submit a "Client
Referral Form"

contact: sam@tewarootssociety.com

## We offer Prevention Programming

- YOUTH COUNCIL
- COMMUNITY SERVICE
- ART & DESIGN
- STUDIO RECORDING
- . FILM & PODCASTING
- DIGITAL STORYTELLING
- DIGITAL MEDIA TRAINING

### Therapeutic Adventure

- CONNECTION
- COMMUNICATION
- RECOVERY
- COLLECTIVE HEALING
- TRUST
- RESPECT
- AUTONOMY
- EMPOWERMENT
- COLLECTIVE GRIEF
- COLLABORATION
- BULLYING PREVENTION
- Clinical Services
- INDIVIDUAL COUNSELING
- FAMILY COUNSELING
- ADVENTURE THERAPY
- ECO-PSYCHOLOGY
- CLINICAL CASE MANAGEMENT
- MOBILE COUNSELING
- TELEHEALTH

For general program inquiries, please email: contact@tewarootssociety.com



## COMMUNITY ANNOUNCEMENTS

## Meet SAM RINGER our new Clinical Director!

Sam (they/them) is the Clinical Director at Tewa Roots Society. They have lived in New Mexico for ten years, after moving from the East coast to attend Southwestern College in Santa Fe. There, they received their Master's in Counseling and earned their certificate in Gender and Sexuality Studies. They are trained in a variety of somatic and nature based therapeutic interventions. Sam believes in a co-created approach to



therapy rooted in a traumainformed, anti-oppressive, and
holistic framework. Sam is
working toward de-stigmatizing
mental health through their
collaboration with all branches
of Tewa Roots Society and
serving the Nambé Pueblo
community. When not at work,
they enjoy making art, exploring
nature, and organizing
community events.

You can reach Sam at (505) 490-6579 or sam@tewarootssociety.com



## FELYSHA ARAGON

NATIVE YOUTH COORDINATOR FELYSHA@TEWAROOTSSOCIETY.COM

Felysha Aragon or "Kaat'sáy" is a member of Nambe Pueblo. Alongside her 4 year history in education, she is also a multimedia artist who currently specializes in textile arts. She hopes to build the bridge between cultural teachings and the modern world of education to strengthen Native Youth. Her heart belongs to her community and is excited to build foundations for teens in the Nambe.

## LAURA EDMONDSON

NATIVE YOUTH COORDINATOR LAURA@TEWAROOTSSOCIETY.COM

Laura Edmondson (She/Her) is originally from the Smoky Mountains in Tennessee. She comes to our organization with a Bachelor's degree in Education from the University of Tennessee and over 15 years of experience in youth development. She is a co-founder of both Brown Girls Climb and the SoulCare Fund, illustrating her passion for education, community building, and empowering future generations. Laura's enthusiasm and commitment positions her well to contribute to our team and the wider community. Outside of her professional endeavors, she enjoys outdoor activities like rock climbing, hiking with her dogs, and capturing nature's beauty through photography.

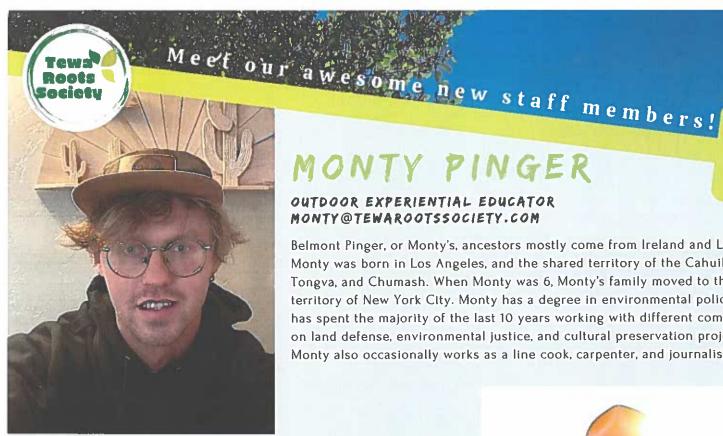




## NICK DOMINGUEZ

BASECAMP FAMILY COORDINATOR NICOLAS@TEWAROOTSSOCIETY.COM

Nick's desire to work with tribal youth and families stems from his belief in the importance of educating the youth about mother earth amdist the rapidly developing technology of the world. He says, "It can be easy for our youth to forgot the true beauty of our land and nature." Nick is an active member of the Pueblo of Tesuque. He also enjoys fishing, hunting, and traditional farming. He believes these outdoor activities can be therapeutic and beneficial for the mental and physical health of our people.



## MONTY PINGER

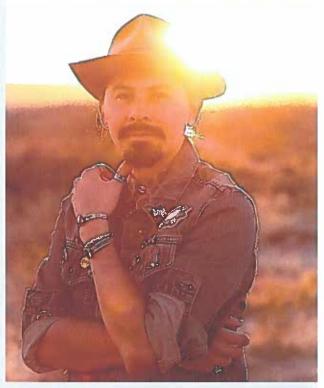
OUTDOOR EXPERIENTIAL EDUCATOR MONTY@TEWAROOTSSOCIETY.COM

Belmont Pinger, or Monty's, ancestors mostly come from Ireland and Latvia. Monty was born in Los Angeles, and the shared territory of the Cahuilla, Tongva, and Chumash. When Monty was 6, Monty's family moved to the Lenape territory of New York City. Monty has a degree in environmental policy and has spent the majority of the last 10 years working with different communities on land defense, environmental justice, and cultural preservation projects. Monty also occasionally works as a line cook, carpenter, and journalist.

## ALEX PIECHOWSKI-BEGAY

### OUTDOOR EXPERIENTIAL EDUCATOR ALEX@TEWAROOTSSOCIETY.COM

As a Navajo tribal member, Alex is passionate about safeguarding Indigenous cultures and sharing knowledge with others. Alex's experience working with Indigenous youth in the past has taught him the importance of promoting cultural identity and instilling pride in our heritage as Native people. His work as an outdoor adventure guide and educator through the many programs he's led and supported has provided him with valuable skills that make Alex an asset to Tewa Roots Society programming. Alex has led groups on numerous activities including hiking, kayaking, paddle boarding, rafting, archery, rock climbing, and storytelling in addition to facilitating workshops on traditional arts such as pottery, fiber arts, and metal smithing for students of all ages and backgrounds.



## JEN RICHTER

OUTDOOR EXPERIENTIAL EDUCATOR JEN@TEWAROOTSSOCIETY.COM

Jen Richter spent her youth in the Sandia Mountains of New Mexico then pursued a Bachelor's of Psychology and a focus in Environmental Sociology at Fort Lewis College. She has always been passionate about integrating nature, communication skills, and conflict resolve into a focus on holistic wellness. Holding the position of Outdoor Experiential Educator at Tewa Roots Society provides ample opportunity to merge her background in mental health with visions for individual, communal, and environmental healing.

## BREATHWORK

TUESDAY, MAY 21, LOCATED AT THE TRS YURTS

12:00PM - 1:00PM

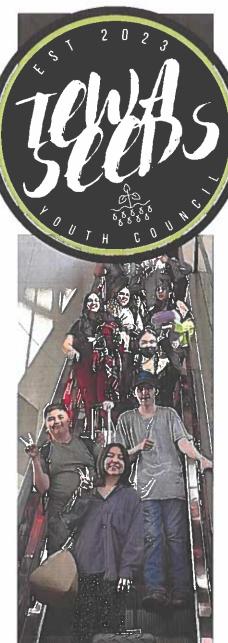
## ACU-DETOX

TUESDAY, MAY 21, LOCATED AT THE TRS YURTS

## FUNDRAISER

BY TEWA SEEDS YOUTH COUNCIL FRITO PIES & BAKED GOODS!

MENU, PRICES, AND OTHER DEETS WILL BE SENT OUT SOON!







MAY 31 4:00

## **TEWA SEEDS YOUTH COUNCIL**

At the Tewa Roots Society Basecamp (next to the Nambé Wellness Center) EVERY OTHER FRIDAY from 4:00-6:00 PM starting on MAY 31.



## MyBlue

## Get Around with MyBlue™!

Enjoy hassle-free, fare-free rides in Nambé Pueblo and the Pueblo of Pojoaque with MyBlue™! Our shared ride service offers reliable transportation in comfortable Blue Bus buses or vans.

Ready to roll? Manage your trips with the "MyBlue™ North Central RTD" app, available on the Apple Store and Google Play. Or, if you're feeling old-school, book by giving us a call at 866-206-0754, ext. 1.

### MyBlue™ How to Ride Guide

You can book up to two (2) weeks ahead. Requests made less than 24 hours in advance are based on availability and cannot be guaranteed.

### On the App

- Download & Sign Up: Get the MyBlue™ North Central RTD app from the App Store or Google Play. Sign up, verify your email, and activate your account.
- 2. Log In & Create Profile: Sign in and create a profile with your contact information.
- 3. Navigate to Home: Access the main screen in the app to book trips and get notifications.
- Request a Ride: Specify drop-off & pick-up locations, date, time, passengers, and accessibility needs. Submit your request.
- Accept Booking: Review and accept the updated booking request before it expires. Note: Pick-up and drop-off times may change based on availability.

#### On the Phone

- Plan your trip: Before you call us, you'll need to know your pick-up address and your drop-off address so we can determine if you're in the MyBlue™ service zone.
- Request a Ride: Call (866) 206-0754, or (505) 629-4725, ext. 1. Tell
  us your drop-off & pick-up locations, date, time, passengers, and
  accessibility needs.

## POJOAQUE-NAMBÉ MYBLUE™ ON-DEMAND RIDESHARE



Monday - Friday 6:00 a.m. to 6:00 p.m.

SERVING:

Nambé Pueblo

Pueblo of Pojoaque

Pojoaque Valley Schools Jacona Campus

Check the MyBlue app or contact us to confirm curb-to-curb service availability.

### **Enjoy Your Ride!**

Be 15 minutes early at the pick-up as we may arrive 15 min before or after your scheduled time. Notifications will be sent via SMS and in-app. Blue Bus

™ Transit Operators will drive a Blue Bus™ or MyBlue™ microtransit van.

To keep costs low, your ride may be shared with other passengers, meaning the bus might make additional stops before reaching your destination.

